



Cooking with the Troops is a fusion of two thriving programs: **Cooking With the Wounded**, founded at Soldiers' Angels by Blake Powers; and, **down-home barbecues done since 2005 by Bob Miller** for patients and their families at Walter Reed Army Medical Center. Just as fusion creates something larger than the sum of its parts, the blending of these efforts is enabling our group to do much more for U.S. and Allied troops, families, and caregivers than previously possible.

Cooking with the Troops will catch the public's eye with our food events. But we also will assist interested persons — particularly the wounded and disabled — pursue culinary careers. We will offer both immediate and long-term support to those on the front lines; and, lastly, will help educate the homefront about cooking and nutrition.

We aim to rally chefs, educators, scientists, volunteers, and business people to provide all those who serve with two things: comfort and nutrition for the now; and hope for the future.

As a new operation, **Cooking with the Troops** needs many things: ingredients, equipment, and investment. Most of all, we need you.

We need your help to reach our goals. Help us to help those who secure our freedom through their service on the front lines and the home front. We need your donations of items, money, and time. Please give today.



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Cooking with the Troops



When will you be able to visit us again? We truly enjoyed your visit last time as the food you prepared was truly outstanding and it really pleased many of the patients here at the USO. It was an awesome event and we truly appreciate your efforts. We would love to have you back as often as you wish to return.

— *Konrad E. Braun,*
Director, USO Kaiserslautern

Your group's presentation and serving of an afternoon meal on 11/14 at Malogne House was of the highest regard and is sincerely appreciated. My son is recently returned from Afghanistan with battle wounds, and is overcome with emotion at the incredible outpouring of support from virtually all he encounters. May the Lord bless all of you, and all that you do, in support of these warriors. Thank you again.

— *A Military Dad*

Food Events

These are both the heart and the showpiece of our efforts. They offer a tangible reminder that others appreciate the sacrifice being made by the troops and their families, while providing both a change in routine and a chance for the wounded to participate in a rewarding activity. Our trained volunteers are the backbone of these efforts. So, too, are guest chefs who can talk about their careers, cuisine, and more.

Culinary Careers

A surprisingly high number of troops, families and caregivers are drawn to careers involving food and beverage. **Cooking with the Troops** is working to ensure that these people, especially the wounded and disabled, enjoy a successful transition. Efforts are underway to develop opportunities for people to explore the options available, so that they can make an informed decision on where to invest their educational benefits to make that happen. **Cooking with the Troops** also is exploring ways to help with internships and other opportunities to provide the real-world experience needed for any successful career transition.

Front Line Support

From sharing and disseminating news from the front to getting good snacks and supplements to the troops, **Cooking with the Troops** will be there. We also are exploring ways to help improve the next generation of rations for troops in the field.

Home Front Support

Those who serve at home — family and caregivers — often are overlooked by those focused on the troops and their activities.

Cooking with the Troops wants to provide fun events that teach culinary basics with an emphasis on how to cook good food fast, rather than being dependent on fast food. In addition, we are ready to help them specialized dietary needs.